

Turn Compassion Into Action

You can make a difference in your community and impact lives through Impact Teams. If you're a policy-holding member, apply to lead a volunteer Impact Team in a service project or fundraising event—what you do is up to you. We'll provide the resources to get your project started. You gather friends, family and neighbors to do good together.

Project Ideas

Exploring your passions		Taking action
	Comforting the sick and needy	• Cut and tie fleece blankets for a local shelter or hospital • Host an ice cream social or dinner fundraiser for a local charity • Create welcome bags for families staying at Ronald McDonald Houses • Sew quilts and distribute to community members • Purchase Christmas gifts for those struggling
	Supporting your community	• Upgrade playgrounds • Clean an animal shelter • Restore or paint homes of members in your community • Prepare and distribute meals to shut-ins • Place flags at the cemetery on Memorial Day
	Caring for the environment	• Plant prairie grass in your community • Beautify a local cemetery: clean headstones or plant flowers
	Assisting the elderly	• Clean up yards for elderly residents • Sponsor Bingo at a nursing home or assisted living center • Purchase and decorate a Christmas tree for a nursing home
	Providing for children	• Purchase school supplies and stuff backpacks for children in need • Raise money for schools through bake sales, pancake breakfast or a spaghetti dinner
	Helping veterans	• Host a picnic or meal for veterans • Make Christmas cards for veterans • Sew quilts for disabled veterans
	Serving the church	• Prepare meals for those who are sick, in need or elderly • Make rosaries with a youth group • Clean up the parish grounds

Three Simple Steps

Follow these three simple steps to help create your next Impact Team project.

Step 1: Find your passion

Make a list of needs in your community. What needs are going unmet? What causes or organizations are close to your heart that need your help? What are you passionate about improving in your community? Is there an individual(s) in your community that needs your help?	
Now that you have brainstormed, select one to focus on. Are there organizations you can partner with to make an even bigger impact?	

Step 2: Pick your project type

Now, let's develop your project. How would you describe your project to others?	
How will you use the Impact Team funding to kick-start your project?	
How many volunteers will you have and how will they be involved with the project?	
Will you be working with a community organization (e.g., parish/church, non-profit, school, etc.) to make this project happen?	

Step 3: Take action



Scan the QR Code or go to catholicunited.org/impactteams to apply today. It only takes a few minutes. Once your application has been received, you will receive an email letting you know if your project has been approved. Don't forget to have this sheet handy as you fill out your application. By leading an Impact Team, you're making a lasting difference in your community and inspiring others.



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